



U.S. NAVAL HOSPITAL YOKOSUKA

HERE TO SERVE WITH CARE

HEALTH PROMOTION

U.S. Naval Hospital Yokosuka



Keeping your child healthy means taking them to the doctor for their checkup.

This is the time for preventative care that will usually include a physical, behavioral and developmental check.



If your child will be any of the following ages, please schedule an appointment for their well child visit.

At birth: Physical exam and immunizations
1-3 days: Physical exam
2 weeks: Physical exam
2 months: Physical exam and immunizations
4 months: Physical exam and immunizations
6 months: Physical exam and immunizations
9 months: Physical exam
12 months: Physical exam and immunizations
15 months: Physical exam
18 months: Physical exam and immunizations
2 years/3 years: Physical exam
4 years/5 years: Physical exam and kindergarten immunizations
11-12 years/14-15 years: Physical exam and immunizations

Children ages 2-6 years should have a physical exam annually.

Children ages 6-18 years should have a physical exam at least for 6th and 9th grade, or even every one to two years if desired or concerns.

Influenza vaccines are highly recommended each winter for all healthy children ages 6 months and older.

Please call USNH Yokosuka Central Appointment at 243-5352.

For more information, please contact Family Medicine at 243-8721, Pediatrics at 243-5505 or Immunizations at 243-9840.



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お子様の健康診断
の受診は健康維持の
ために大切です。

健康診断では身体の
診察、行動と発育の
チェックをします。



こちらの年齢になるお子様は、健診の予約をしましょう。

出生時 診察及び予防接種
生後1-3日目 健康診断
生後2週間 健康診断
2ヶ月 健康診断、予防接種
4ヶ月 健康診断、予防接種
6ヶ月 健康診断、予防接種
9ヶ月 健康診断
12ヶ月 健康診断、予防接種
15ヶ月 健康診断
18ヶ月 健康診断、予防接種
2歳/3歳 健康診断
4歳/5歳 健康診断、小学校入学前の予防接種
11-12歳/14-15歳 健康診断、予防接種

2歳から6歳までのお子様は年に1回の健康診断が必要です。

6歳から18歳のお子様は少なくとも6thグレードと9thグレードで健康診断が必要です。健康診断の希望や気になることがある場合は、1-2年に1回受けることもできます。

毎年冬の時期には健康な生後6ヶ月以上のお子様はインフルエンザワクチン接種をおすすめしています。

ご予約はこちらにお願いします。USNH Yokosuka Central Appointment at 243-5352

詳しい情報はこちらにお問い合わせください。Family Medicine at 243-8721, Pediatrics at 243-5505 or Immunizations at 243-9840.